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Claims

1. An arrangement for attaching a shower-head holder in such a way, that its height will be adjustable, having a wall-mounting longitudinal element in the form of a rod or wall-mounting rail, a shower-head holder that may be slid along the wall-mounting element, a guide for guiding the shower-head holder along the wall mounting element, and at least one auxiliary guide for another hygienic item, said auxiliary guide being independent of the primary guide.
2. An arrangement according to claim 1, where the auxiliary guide(s) is/are aligned parallel to the guide for the showerhead holder.
3. An arrangement according to claim 1, where the shape(s) of the auxiliary guide(s) is/are identical to that of the guide for the showerhead holder over at least part of their length(s).
4. An arrangement according to claim 1, where the shape(s) of the auxiliary guide(s) differ from that of the guide for the showerhead holder.
5. An arrangement according to claim 1, where the guide for the showerhead holder faces forward and the auxiliary guide(s) face(s) sideward.
6. An arrangement according to claim 1, where the auxiliary guide(s) are arranged on the rear surface of the wall-mounting rod and/or in the vicinity of the rear surface of the wall-mounting rod.
7. An arrangement according to claim 1, where the guide for the shower-head holder and/or the auxiliary guide(s) are configured in the form of a groove or grooves, preferably an undercut groove or grooves.

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8. An arrangement according to claim 1 having a pair of auxiliary guides that are preferably symmetrically arranged with respect to the primary guide.
9. An arrangement according to claim 1 having at least one wall bracket for attaching the wall-mounting rail to a wall.
10. An arrangement according to claim 9, where the wall bracket is configured such that it will not interfere with adjustments of the showerhead holder.
11. An arrangement according to claim 9, where the wall bracket is configured such that it may be attached to the wall-mounting rod (1) anywhere along its length.
12. An arrangement according to claim 9, where the wall bracket engages at least one auxiliary guide, and preferably engages both auxiliary guides.
13. An arrangement according to claim 9, where the wall bracket is designed for joining two coaxial sections of the wall-mounting rod.
14. An arrangement according to claim 1, where the guide groove is configured for accommodating the shower hose.

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